



Dear Me,

A Love Letter To Myself



My favorite thing about myself is _____

My best feature is _____

My best quality is _____

I love myself because _____

I deserve _____

I will be kinder to myself by _____

I love it when I _____

I feel happiest when I _____

I feel beautiful when I _____

My friends love me because _____

I am proud of myself for _____